

StanDerm WG 3 Subgroup on UV-induced Skin Cancer: *Update*

Claas Ulrich

Chair of WG 3 Subgroup

Charité Berlin, Germany

StanDerm Workshop Krakow, 12 Oct. 2016

Update: WG3 Subgroup UV and OSC

► Publications:

- JADV Article 2016: The European Status Quo in legal recognition and patientcare services of occupational skin cancer

ORIGINAL ARTICLE

The European Status Quo in legal recognition and patient-care services of occupational skin cancer

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JEADV 2016

Update: WG3 Subgroup UV and OSC

- Publications:
 - JADV Article 2016: The European Status Quo in legal recognition and patientcare services of occupational skin cancer
 - ▶ **Delphi-Process** on a “Consensus Statement on the acknowledgment, prevention, diagnosis and treatment of OSC”

Consensus Statement on the acknowledgment, prevention, diagnosis and treatment of OSC



To the respective natl. health authority

Patient notification with suspicion of occupational skin cancer

Outdoor workers who are required to spend long periods of time working in the sun, year after year, have an at least doubled risk of skin cancer. In many European countries these arising cancers are acknowledged as occupational disease. Therefore, the following patient will by this form, which complies to the recommendations of the EU H2020 COST Action StanDerm, be notified to the respective occupational health authorities after informed consent.

Name, surname	
Date of birth	
Age	
Nationality	
Gender	
Address	

- 1) Occupation(s) of the patient:
- 2) Since how many years is the patient working in that/these occupation(s):
- 3) Pt's skin type of the patient: fair / ... / dark (or: I, II, - VI)
- 4) The patient spends outdoors more than
 - a. 50% of his/her working time Y N
 - b. 70% of his/her working time Y N
 - Usually outdoors between 10 am and 2 pm? Y N
- 5) When did the first sign of skin cancer occur, e g A K?
- 6) Has the patient consulted a doctor in the past 6 (or 12) months due to a suspicious skin lesion?
If so: which doctor/specialist?

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 - Delphi-Process on a “Consensus Statement on the acknowledgment, prevention, diagnosis and treatment of OSC”
- **National epidemiologic studies** on prevalence and riskfactors for OSC in Italy, Scandinavia, Romania

WG 3 Sub-group UV and occupational skin cancer

Chair: Claas Ulrich

10:30 – 10:50	The Third COST <u>StanDerm</u> Training School on Occupational Skin Cancers (OSCs) of Modena (Italy): main activities and conclusions"	Fabriziomaria Gobba, Alberto Modenese, Giovanni Pellacani, Francesca Farnetani (University of Modena and Reggio Emilia, Italy) Sven Malte John (University of <u>Osnabrueck</u> , <u>Osnabrueck</u> , Germany)
10:50 – 11:10	Skin cancer in Danish fishermen	<u>Olfa</u> Jensen
11:10 – 11:30	Results of the Delphi Survey on a consensus statement on the acknowledgment, prevention, diagnosis and treatment of occupational skin cancer	Claas Ulrich (Berlin, Germany)
11:30 – 11:50	Discussion	
11:50 - 12:10	Proposal for production of information material	Claas Ulrich (Berlin, Germany)
12:10 - 12:30	Occupation and relative risk of cutaneous squamous cell carcinoma (<u>cSCC</u>): A 45-year follow-up study in 4 Nordic countries	Jose Hernan Alfonso (Oslo, Norway)

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- ▶ Preparation of **patient information material**

- Information material (e.g. brochures, leaflets) for prevention of solar induced skin cancer primarily address the general population
- Some information material available specifically addressing outdoor workers (e.g. Skin Cancer Foundation)
- Lack of standardized material in different languages
- **Proposal:**
 - To find agreement on a list of general recommendations for prevention of skin cancer in outdoor workers
 - To translate the list in different languages
 - To place the list in different languages on the StanDerm homepage as an outcome of WG3
 - To consider using the list for developing a StanDerm brochure

A workplace sun protection program

Health and safety legislation in each Australian state requires your employer to provide a safe working environment.

If you work outdoors and your workplace does not offer any sun protection measures, raise the issue with your health and safety representative or manager.

This legislation also states that, as an employee, you must cooperate with your workplace's sun protection program, so be sure to cover up against the sun.

If self-employed, it is in your best interest to look after yourself and use sun protection at work.

Your state or territory Cancer Council may be able to assist your workplace with its sun protection policy and resources.

If your job requires you to work outside, tax deductions are available for sun protection products. Talk to your tax advisor or contact the Tax Office by calling 13 28 61 or visiting their website at ato.gov.au



Looking out for skin cancer

Skin cancer can be successfully treated if found early. However, skin cancer can be fatal if left untreated.

We should all be aware of what is normal for our skin, especially as we get older. Skin cancer can grow quickly. Never rely solely on workplace skin cancer checks to detect skin cancer. If you notice any changes to your skin or have any concerns about skin cancer then you should talk to your doctor as soon as possible. Contact your state or territory Cancer Council for more information on knowing your skin and what to look for.

How to check your skin

- ☒ Check your whole body, including the soles of your feet, between your toes, your armpits, ears, eyelids, under your fingernails and scalp.
- ☒ Use a hand-held mirror, or have someone help you, to check areas you cannot see such as your back, the back of your neck and legs.
- ☒ Look for a new spot or a spot that is different from the ones around it.
- ☒ Look for a sore that does not heal.
- ☒ Look for a spot or mole that has changed in size, shape or colour.

See your doctor as soon as possible if you notice anything unusual.



**Cancer Council
Helpline
13 11 20**
www.cancer.org.au

For support and information on cancer and cancer-related issues, call Cancer Council Helpline. This is a confidential service.

National Relay Service	
Deaf or hearing impaired	13 3677
Speech impairment	1300 555 727
Cantonese and Mandarin	1300 300 935
Greek	1300 301 449
Italian	1300 301 431
Arabic	1300 301 625

For further information and details please visit our website: www.cancer.org.au

Images courtesy of QLD Health (2006)

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Skin cancer and outdoor work



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 Training course of OSC in Modena

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